

## **Report for A & B Community Safety Forum meeting February 2013-01-29 Health Activities – Carol Muir, Senior Health Promotion Specialist, NHS Highland**

### **Islay & Jura PPF (Public Partnership Forum)**

Meets quarterly In Islay Hospital



nhsabfpis2.argyll.sco

Every Community Health Partnership (CHP) in Scotland is required to establish a Public Partnership Forum (PPF). The Argyll and Bute CHP has established a PPF, made up of patients, focus groups, community groups, voluntary organisations and individual members of the public. Islay & Jura PPF is a locality PPF within Argyll & Bute PPF.

<http://www.nhshighland.scot.nhs.uk/OurAreas/ArgyllandBute/PPF/Pages/welcome.aspx>

<http://www.nhshighland.scot.nhs.uk/OurAreas/ArgyllandBute/PPF/Pages/TheIslayJuraLocality.aspx>

I have attached a sample poster and also a link to the PPF link on the Community Health Partnership website.

I & J PPF has in the past year hosted:

- a public consultation day for Argyll & Bute CHP's (Community Health Partnership) mental health redesign
- two consultation days for GP Out of Ours services in Bruichladdich and Port Ellen with CHP Senior Management staff

Members of Islay & Jura PPF consist of NHS, Social Work, Community Council reps, Bowmore surgery patient rep and members of the public.

### **Islay & Jura Health & Well Being Network ( formerly I & J Public Health Network) & Substance Misuse Forum**

The Islay & Jura Health & Well Being Network Substance Misuse Forum is a group made up of representatives from voluntary and statutory organisations within the Islay & Jura Locality. The two partnerships used to meet on the same day with different agendas but due to many of the same people at both tables it was decided to merge the agendas and have one meeting covering both topic areas. Substance misuse is very linked to health & well being and health improvement anyway so there are no real conflicts there and it is a better use of busy people's time. And it is on less meeting/forum in a small locality where there are more partnerships than ever vying for people's time.

Embedded below is a word doc explaining the H & W B Networks. And our logo



C:\Documents and Settings\carol.muir\M



C:\Documents and Settings\carol.muir\M

Argyll and Bute CHP is committed to improving the health of the people in Argyll and Bute and they do this in partnership with other public sector bodies such as Argyll and Bute Council and Strathclyde Police, and with the Third Sector.

The CHP continues to fund local health and wellbeing initiatives via the Health Improvement Fund (HIF) a total of £71,556 was available from May 2012 distributed as follows:

<b>Area</b>	<b>Amount</b>
Bute	£5,700
Cowal	£12,000
Helensburgh	£21,800
Islay	£2,856
Mid Argyll	£7,900
Oban and the Isles	£15,100
South Kintyre	£6,200

This funding is for activities to improve the health of the population such as increasing participation in physical activity, promoting sensible alcohol consumption and promoting mental health and well-being. Priority will be given to initiatives that can demonstrate they are reducing health inequalities, that means focusing on the people who are most in need, for example deprived communities likely to experience poor health.

Funding can be accessed via the Local Health and Wellbeing Network and completing an application form. NB the Health and Wellbeing Networks were previously called Local Public Health Networks. Application pack embedded



C:\Documents and Settings\carol.muir\M  
below.

There are 7 Networks in Argyll and Bute that give organisations with a remit for health improvement the opportunity to work together to plan joint activities. The aims of the Islay & Jura Health & Well Being Network

are:

- To encourage and support local pieces of work to meet priorities identified in Islay & Jura Public Health Action Plan. To facilitate information exchange between public health practitioners, statutory, public and voluntary organisations and networks to share good practice and learning

- To create effective communication to allow efficient co-ordination of public health activity through the area wide Health & Well Being Partnership (formerly) Health Improvement Planning and Performance Action Group (H.I.P.P.A.G)

The Substance Misuse Forum agenda is set by Argyll & Bute Alcohol & Drug Partnership (ADP). The ADP has recently released an updated ADP strategy still in draft form. The ADP co-ordinator is presently traveling around the A & B locality Substance Misuse Forums consulting the members on the draft strategy. Islay's meeting was last week. The strategy and consultation feedback form is embedded below.



C:\Documents and Settings\carol.muir\M



C:\Documents and Settings\carol.muir\M

Present activities linked to this part of the local health agenda are:

- Funding additional 12 hours of Argyll & Bute Council's youth worker post based in Islay High School. The additional hours are onto the 16 hour post and are to specifically focus on Alcohol & Drugs.
- Rationale behind these extra hours has been informed by the following:
  - Recent research in 3 areas of A & B showed worrying results for Islay & Jura regarding the use and abuse of alcohol by young people
  - Community and Parental concerns
  - Islay & Jura Health Needs Assessment 09/10
  - Islay and Jura's Children (GIRFEC partnership)
  - Reports from Islay Community Council meetings also note issues with young people and excessive alcohol consumption both in licensed dances and via the purchase of alcohol by adults then given to young people
  - Local Police also report issues of young people's drinking locally to GIRFEC and SMF meetings
  - The Islay & Jura youth survey has identified that underage drinking is an issue on Islay & Jura
- A sub group of the network consisting of Islay High School, Social Work, Strathclyde Police, and Public Health put together the bid for the funding for the above post. The group is presently applying for funding to bring LANDED a Peer Education Company based in Lanarkshire to Islay. LANDED recruits and trains young people aged 16-25 to provide drug, alcohol, tobacco and sexual health awareness workshops and events to other young people (aged 12-18) in community settings using a harm reduction approach. LANDED also provides training inputs to young people in pre-existing groups or newly formed groups to become peer educators using a topic of their choice. There are further training opportunities for staff members and parent/carer groups to raise their awareness and increase their capacity in addressing issues related to drug, alcohol and sexual health to young people in their care

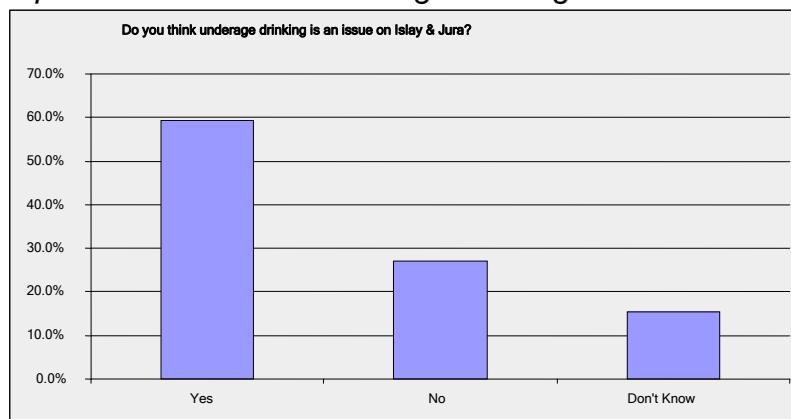
- A voluntary group of Islay High School students have recently formed Islay Youth Connection. The 25 young people currently involved in the project will attend the peer education workshops by LANDED. The peer group will enhance their communication and presentation skills and knowledge regarding alcohol harm reduction messages. With peer education training, the aim is for the young people to deliver alcohol awareness messages to their peers in school and out in the community

Last year the youth worker and health promotion worker surveyed young people at summer events such as sports days, Islay Show and during youth work week 5-11<sup>th</sup> November. 231 questionnaires were completed at these events and on survey monkey & in Islay High School. The survey was completed by 94 males and 137 females and represents around 85% of Islay High School population. With the majority aged 12-14yrs followed by 14-16yrs. Report embedded here:



C:\Documents and Settings\carol.muir\M

*134 respondents think that underage drinking is an*



*issue.*

In November 12 the Health & Well Being Network held a planning and awareness event in Bowmore Hall. 'The Health Café' was done in partnership with Islay high School.



C:\Documents and Settings\Admin\My D C:\Documents and Settings\Admin\My D

### **Islay Hospital Healthy Working Lives group**

Islay Hospital has the Silver Award for Healthy Working Lives and is about to apply for Gold status. It also has the Healthy Living award in the catering department.

[www.healthyworkinglives.com](http://www.healthyworkinglives.com)

[www.healthylivingaward.co.uk](http://www.healthylivingaward.co.uk)